

# facebook



**Facebook** is a free way to connect with people on the internet when you can't meet with them in person.



**Facebook** is a type of **social media**. This means that you can use Facebook to share pictures, videos and a status with your friends on Facebook.



You can use **Facebook** to voice call, video call or send a message to a person or a group of people.



**Facebook** can be used on a smart phone, tablet, laptop or a computer.



Some people might need help to set up **Facebook**. This could be a family member, carer or someone you trust.



Call Speak Up if you need help to use **Facebook**  
**01925 246 888**



You can download the **Easy Read** how to set up **Facebook** instructions