

What is Early Help Advocacy?



Early Help advocacy is for people who live in the community who find some things difficult in their life.

It helps people look at issues before they get serious.

Early Help advocacy can sometimes mean that social care does not have to be involved with you.



Early Help advocacy is **issue specific**. This means that your advocate will support with one thing at a time.



Early Help advocacy is **not statutory**. It is your choice if you want advocacy support

Statutory advocacy means that the law says you must have advocacy support.

Advocacy is independent, free and confidential

What does an Early Help Advocate do?



An Early Help advocate can support you to take **control** over your life.



They can support you to find out information to help you with your issue.



An advocate will make sure that your **voice is heard** by others.



An advocate will help you to **self-advocate** as much as you want to. **Self-advocacy** means that you say what is important to you and what your views and wishes are.



An advocate will also help you to understand and stand up for your **rights**.



Advocates are **not** support workers, counsellors, or befrienders and will **not** give any legal advice.

When can I have an Early Help Advocate?



You can have support from an advocate if:

- ✓ you are over the age of 18
- ✓ you live in Warrington
- ✓ you are struggling to get your voice heard
- ✓ you have an issue you need help with